



WHAT IS THE CHAMPION PROVIDER FELLOWSHIP?

California is experiencing an epidemic of obesity, leading to costly chronic diseases that include type 2 diabetes, stroke and heart disease, with low-income, underserved communities disproportionately affected.

The Champion Provider Fellowship harnesses the passion of health care providers to improve the health of their communities beyond the clinic setting.

The California Department of Public Health and the University of California, San Francisco, launched the program in 2014 to empower, train and support health care providers to use their expertise and respected voices to improve the health of communities through local policy, systems and environmental changes.



“The Champion Provider Fellowship inspired me to call attention to food insecurity through media interviews and discussions with community change leaders and health care and hunger organizations.”

Dr. Zoey Goore
SACRAMENTO PEDIATRICIAN

FOR MORE INFORMATION

www.championprovider.ucsf.edu

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CHAMPION
PROVIDER
FELLOWSHIP

A Powerful Approach to Healthier Communities



HOW DOES THE CHAMPION PROVIDER FELLOWSHIP WORK?

The Champion Provider Fellowship provides passionate health care providers with training and education on a wide variety of public health subjects, including health promotion, food insecurity, healthy retail, crafting compelling messages, working with the media and writing for change. Providers in the program are connected with their local health departments to work collaboratively with community change leaders, community-based organizations, schools, faith-based organizations and others to promote local solutions to obesity and related chronic diseases.



In addition, there is ongoing technical assistance and support for providers and facilitation of a supportive network of like-minded physicians and dentists committed to improving health in their communities.

Training, supporting and connecting like-minded healthcare providers

FOUR COMPONENTS WORK TOGETHER TO ENSURE THE SUCCESS OF THE CHAMPION PROVIDER FELLOWSHIP:

1 Passionate healthcare providers who volunteer their time and lend their expertise to address obesity, inactivity, access to healthy foods and other serious health determinants, especially in low-income communities

2 Local health departments collaborate with providers, connecting them to local resources, programs, community-based organizations and community leaders

3 The California Department of Public Health's Nutrition Education and Obesity Prevention Branch provides statewide support

4 Physicians from the University of California, San Francisco guide providers, providing coordination, training, technical assistance and support to healthcare providers working all over the state

HOW CAN DOCTORS AND DENTISTS CHANGE COMMUNITIES?

- Providing pertinent health information to city commissions
- Counseling school districts on implementing wellness policies
- Encouraging workplace wellness programs, such as "Walking With the Doc" and other physical activity initiatives
- Promoting the importance of Safe Routes to Schools
- Organizing citywide diabetes awareness events
- Establishing policies to screen for food insecurity during pediatric patient visits
- Supporting healthy retail store conversions
- Serving as a reliable resource on health for the media



FOR MORE INFORMATION, VISIT
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